Lunch Menu **March 2015**

The suggested contributions for guests over 60 years or disabled is \$2.50. Others will be charged \$4.00 Contributions above the suggested donation are always appreciated.

The Gilbert & Chandler Senior Centers along with Chandler Christian Community Center, would 4 Ways Blend like to thank The United OR Soup & Salad The City of Chandler, and Area Agency on Aging for MON their continued donations to our Meal Program.

Menus are SUBJECT TO CHANGE. Lunch is served from 11:15am-1:00 pm M-F

Turkey Sub

Coleslaw

Spinach Salad

OR Soup & Salad

Tropical Fruit



5 FRI MON 3 WED 6 TUE THUR **Polish Sausage** Breakfast Bar **Chicken Breast** Taco Bar Salmon Potato Wedges **Baby Bakers** Potatoes, Broccoli/ Fiesta Blend **Baked Spinach** Cole Slaw California Blend **Cheese Casserole** Romaine Salad Sicillian Blend OR Soup & Salad Apple Plum Pudding Apricot Applesauce **Seasonal Fruit** MON TUE WED THUR FRI Chicken Parmesan **Cheese Shells** Pork Teriyaki **Cabbage Rolls Beef Pot Pie** Caesar Salad Italian Mix Yellow Squash Carrots, Potatoes, Carrots, Winter Blend Oriental Blend Peas, Celery, Onion Caribbean Blend Romaine Salad OR Soup & Salad Peaches w/Yogurt Pineapple **Baked Apples/Oats** Fruited Jello Tropical Fruit 16 TUE 19 FRI **MON** WED **THUR** Served at 11:30am Chili Dog **Breaded Tilapia** Spaghetti Bake **Corned Beef** Chick. Cordon Bleu Itl. Veggies Sweet Potato Fries Cabbage & Carrots **Stewed Tomatoes** 5 way Mix Veggie, **Steamed Spinach Green Beans** Potatoes OR Cauliflower OR Soup & Salad OR Soup & Salad Soup & Salad Bar OR Soup & Salad Way, The Town of Gilbert, Strawberry & Crem Dessert **Sliced Pears** Fruit Cocktail Ambrosia **WED** 25 THUR 24 **26** FRI **Turkey Patty** Ribette Vegetable Lasagna Ham&Cheese Sand. Stuffed Peppers Cheesy Cauliflower Broccoli Carrots Veg. Tom Soup **Capri Veggies Seasoned Potatoes** Broccoli Spinach Salad Succotash Potato Salad OR Soup & Salad Apples Peaches & Basil Orange **Mandarin Oranges** Tropical Fruit **TUE** MON **30**

If you have any questions please let us know. **Baked Chicken** Amanda/Activities Malibu Blend 480-503-6059 Mashed Potatoes Kris/Outreach OR Soup & Salad 480-503-6061 **Pineapples** Pat/Home Delivered Meals

480-503-6058

